

# Katherine McCarty

## Biography:

A native of Charlotte, NC, Katherine McCarty is a graduate of Salem College in Winston-Salem, NC (B.A. in Sociology) and has her Masters of Science in Community Counseling from Georgia State University in Atlanta. Her focus in graduate school was in art therapy and her more current art-work is largely abstract intuitive, process-oriented.

In the summer of 2000, Katherine took a course at Penland School in print-making and subsequently returned for the 8-week concentration in clay. She has taken numerous workshops in clay, plein air painting, studio oil painting, cold wax and oils, and acrylic/mixed media.

## Artist Statement:

“I don’t always plan my paintings or know which way they’ll take me, but once I get out of my head and into the right brain, bypassing the ego allows freedom of expression. The painting often informs me what to do next. When entering the ‘terra incognita’ (the place of not knowing) a door opens to the mystery and the adventure of intuitive expression which the conventional spoken language cannot touch. Oftentimes, I’ll get an underlying message of what’s coming up for me personally or through the collective unconscious.”

“Applying the foundational principles of color, value, line, shape, form, texture, and space – my paintings, while abstract in nature, reflect an underlying visual order and harmony. My process includes meditation, journaling, and playing with various brushes and mark-making tools. I love the endless possibilities and variations of paint colors, but find a limited palette is most effective. Working in acrylics allows for more spontaneity and involves building many layers over time of colors and textures until the piece is completed.”